

FAKE NEWS



You do you.

FEB 10 | SARAH WHYTE, PASTOR, HOME GROUPS

You do you! A common phrase heard these days that simply means, you do what works for *you*, rather than what works for others. But as this little three-word ditty gets more popular, it reveals a much larger trap - one where we not only are limited by ourselves, but also limit the potential of Christ in the world around us. And there is no reason to limit the freedom we find in Christ.



MESSAGE NOTES

John 3:30

“He must become more, I must become less.” How do we reconcile this with the idea of “you do you”?

1 John 4:4-11

This has always been about Him – always been about the work of Christ. It is not about us.

v. 5 – John is speaking of false prophets, those who speak what is almost-but-not-quite truth, and in this mode, lead us away from the truth of Christ.

v. 9-10 – John lays out beautifully what love is and how it works: it isn’t about what we do or what we have done, but what Christ has done. The way He has first loved us. It is the mode and the means by which we engage the world around us.

All of the sudden, “you do you” slips away and we grasp the truth: we love like He loves. We are freed from what we can do to pay attention to what He can do.

v. 11- 12 – With joy, we are freed from ourselves. Freed from the need to strive or achieve, free to love as He has loved us. Because God lives in us – we are made in His image and *He* is the one we follow, not ourselves.

“You do you” is a trap:

- It traps us into believing that being more of us is enough to make everything better.
- It traps us into saying “you do you” to Jesus and negating the activity of the call to love as He has loved.

Christ is freedom.



10 Year Disciple

This series aims to help us take forward steps in developing the following 10 Year Disciple characteristic:

RELATIONSHIP WITH GOD:

→ The Bible as a guide for life and knowing God’s character

Pick up a copy of The 10 Year Disciple Resource Guide from the Info Desk to learn more.

HOME GROUP MATERIALS

OPTION 1: SCRIPTURE

Read 1 John 4:1-21 and ask these questions. Give a lot of time to each one before moving to the next.

- What do you notice? Are there any patterns or repetitions? What questions do you have?
- What would it have meant to the original audience?
- What is the transferrable truth for us today?

Conversation starters:

- What does the scripture teach us about how we are supposed to love one another?
- How do you understand the phrase, “as Christ loved us”?
- When have you experienced Christ’s love? What was your response?
- Where is Christ calling you to love as He has loved today? Have you been withholding or fearful? What does a step of obedience look like?

OPTION 2: DECONSTRUCTING “YOU DO YOU”

Where have you heard “you do you”? What are some places of preference where it really isn’t the worst thing to say?

In some ways, “you do you” suggests a freedom to be one’s own self, but it also leads to a trap of making us the centre of the universe – that we are each our own saviour. Even more troubling, it can cause us to avoid the call of Jesus.

Read 1 John 4:1-21:

- What is the call of Christ? How are supposed to live?
- How is love described by this passage? How is that different from the love sold by the world around us?
- What does it look like to lean into the freedom of Christ, to be about Him and not about us?

In what ways have you said, “you do you” to Jesus?

- Serving the poor
- Loving the orphan
- Caring for the widow
- Welcoming the stranger
- Being generous
- Selling all your possessions
- Carrying your cross
- Practising hospitality



HOME GROUP MATERIALS

Of course, none of us has done all of those things. That's not the point. The question is, where have you decided that Christ can't or won't call you? Why not? Fear? Discomfort? Lack of self-esteem?

Christ will call us to big places – because He is a big, big God. As you read this passage, what fear is He driving out? How is He asking you to love as He has loved?

Discuss and conclude with prayer.

